Chicken Apple Wraps  
  
Ingredients  
… [See More](https://touch.facebook.com/photo.php?fbid=549571295101170&id=516468881744745&set=a.516637701727863.1073741826.516468881744745&_mn_=5&refid=20) 1/2 cup chopped cooked chicken breast  
3 tablespoons chopped Fuji apple  
2 tablespoons chopped black or red grapes  
2 tablespoons Crunchy Peanut Butter (almond or cashew butter is even better)  
1 tablespoon lite mayonnaise (or greek yogurt)  
2 teaspoons honey  
Iceberg lettuce  
  
Preparation  
Chop chicken meat and fruit, mix in bowl. Mix in peanut butter, mayonnaise and honey.  
  
Spoon into open lettuce leaf, roll and serve  
Source:wildaboutmylife.blogspot.com